



Thank you to our platinum sponsor



### Week 2 is complete!

Things are settling in, and the swimmers are getting used to the routines. Hopefully, those muscles are not as sore and are recovering faster. It's looking good out there! Please note there is **no practice on Monday May 19**. Happy long weekend everyone.

### The Stingrays Swag Shop is about to close

**Until TOMORROW May 17**, order your Stingray swag. The link is posted on the front page of our website. Team tank tops and T-shirts are a great way to support your swimmer while at swim meets.

### Upcoming Dates for your Diary

**May 20:** Deadline to RSVP to Bottle Drive on May 24th. This is through the SE Motion app. Team members will meet at the Okotoks Bottle Depot at 9am wearing Stingrays gear.

**May 23:** Last day to RSVP to our Mock Meet and sign up for an officials role.

**May 28:** Deadline to RSVP to our first official swim meet in Didsbury June 7.

**June 1:** Online Parent Info meeting – What to Expect at a Swim Meet. The link to join online will be available on the events page on our website.

### Team t-shirts are in!

Be sure to pick up your team t-shirt on Tuesday or Wednesday next week at the Riley Minue pool bleachers from our equipment coordinator Tendai. Go Stingrays!

### May 19-21 ACE BLACKFOOT CASINO – 4040 Blackfoot Trail

It's finally here! Arrive on time for your shift start time by checking in at Security and tell them you are volunteering. They will direct you to the CashCage where our advisors (Julie, Miranda or Mike) will check you in. **You must have valid photo ID.** Food and Beverage are provided and guidelines are provided on our website under the casino events page.

### Tiger Rays and Galaxy Rays

Just a reminder that parents are not allowed on deck during practices. This is to prevent the swimmers from getting distracted and not paying attention to the coach. 'Watch me, Watch me!'

### Teamlinkt is up and running!

Be sure to download the app so that you can indicate to the coaches what days your swimmer will be at practice. This helps the coaches in practice planning.